



NEWSLETTER

2024 – 01st QUARTER [January – March]

Kelani Valley Plantations PLC

PLANTATION HUMAN DEVELOPMENT TRUST - KEGALLE



Dental Clinic for pre School Children

A Dental Clinic programme was conducted to pre-School Children and the goal of this programme for preschool children is to train on good dental habits at the initial stage, promote regular dental check-ups, and empower both children and parents to prioritize oral health. This programme was conducted with the Regional Dental Surgeon of RDHS Office, Kegalle. This programme was conducted with the participation of 07 children.

Panawatta Estate



Oral Cancer Screening Programme



Panawatta Estate - Total Value: Rs: 50,000.00

An oral cancer screening programme was conducted to facilitate estate workers to maintain effective oral hygiene practices among the resident estate population, who are carrying out unfavorable health habits such as betel chewing, smoking, etc., and with this programme, estate workers gained the opportunity to check oral screening for cancer and the identified patients were referred to hospitals for further treatments. This programme was conducted with the Regional Dental Surgeon of RDHS Office – Kegalle.

18 workers participated. PHDT Health Team is conducting follow up programmes to make sure that the patients are attending to regular clinics.

Drugs Distribution Programme

Drugs were distributed free of charge to the estates to facilitate the community and their children to maintain good health and nutritional conditions.



Estate	Total Value: Rs
Panawatta	63,153.59
Dewalakanda	16,144.94
Kelani	35,674.94

“Little Angels in Plantations” Midday Meal Programme

This programme is implemented in estates, which is facilitated by PHDT to provide nutritious meals to children below the age of 5 years and promote health education. Through this initiative, children are not only nurtured physically but also empowered to reach their full potential.

We thank the Directors, CEOs, Estate Superintendents, Assistant Managers, and staff for the support in launching this programme.

Kalupahana Estate



Objective: To arrest malnutrition among plantation children below the age of 5 years.

No	Estate	No. CDCs	No. of Registered Children
1	Kalupahana	2	15
2	Kiriporuwa	3	22
3	Lavant	2	29
Total		7	66

At Rs.80 per day / a per child for 22 Days of the Month

Lavant Estate



Kiriporuwa Estate



Hygiene kits Distribution Programme

The program was launched with the support of UNICEF which was facilitated by PHDT to improve the health status of plantation children aged 0-5 years.



Estate	No of Hygiene kit	Value
Panawatta	157	156,656.17
Dewalakanda	80	79,824.80
We-oya	55	54,879.55
Polatagama	35	34,923.35
Ganepalla	19	18,958.39
Kithulgala	3	2,993.43
Kiriporuwa	45	44,901.45
Urumiwela	18	17,960.58

Estate	No of Hygiene kit	Value
Kalupahana	10	9,978.10
Lavant	16	15,964.96
Kelani	28	27,938.68
Ederapolla	43	42,905.83

Parental Meeting

The purpose of this program is to educate parents about the child safety, nutrition, sanitation. 12 parents participated in this Programme

Kiriporuwa – Para (Value: Rs. 15,000/-)



Income Generation Awareness Programme - Mushroom Project for Estate Community

In collaboration with local communities, this initiative aims to empower estate residents by introducing them to the lucrative world of mushroom cultivation. Through workshops, training sessions, and hands-on experiences, participants will learn the essentials of mushroom farming, from cultivation techniques to marketing strategies. By harnessing the potential of mushroom cultivation, this program endeavors to create sustainable livelihood opportunities, uplift socio-economic conditions, and foster self-reliance among estate communities.



Ganepalla Estate
(Value: Rs. 21,000/-)

Combined Health Clinics and Health Screening Programmes at Kelani Estate

This programme was Organized by PHDT Kegalle. The scheme aims to offer comprehensive health services including access to specialist medical advice for health conditions and promote early detection, prevention and management of health problems. By bringing healthcare directly to our communities, they are being guided to better health and lead fulfilling lives.

Following activities are covered at this health camp:

- Dental Clinic
- Eye Clinic
- Well women Clinic
- Breast Cancer screening
- Body Mass Index
- Random Blood sugar checkup
- Checkup on blood pressure
- Nutrition & Medical Counselling Session



This programme was jointly conducted with RDHS Office Kegalle and MOH Yatiyanthota

Value: Rs. 1,710,000.00

Awareness on Home Gardening & Community Productivity on Household Cash Management Awareness Programme

We oya Estate



The aim is to empower residents with the knowledge and skills needed to cultivate and effectively manage household finances. From growing nutritious produce to budgeting wisely, the program provides participants with practical knowledge to enhance their well-being and sustainability.

Cluster Review Meeting



A Cluster Review Meeting was conducted for Estate Managers during the 1st Quarter, where discussions were held to carry out joint programmes and activities with PHDT, Estate Management and EWHCS.

Following points were discussed at the meeting for better understanding and to get facilitation on PHDT programmes and activities:

- Timely submission of Reports & Documents by PFWOs / CDOs and EWHCS Clerks
- Discussion on practical issues in implementing morning meal programme
- Distribution of Posters & Leaflets to Estates on Communicable Diseases & Non Communicable Diseases to promote Awareness
- Improve CDC Attendance
- Improve Nutritional Status and weight of Children by providing morning meal
- Maintenance of Critical Incident Diary
- Submission of EWHCS Monthly progress Reports
- Status of WANISA Development Fund Contribution
- Awareness on Leptospirosis

Quarterly Review Meeting for Health, Welfare & EWHCS Staff

- This meeting was conducted to the Estate Health Staff of Plantation Companies. Discussed health related matters and updated on PHDT activities.
- Further, this was a forum, where all the Health, Welfare & EWHCS Staff were called over to discuss various matters related to their job responsibilities.
 - EWHCS Audit Progress
 - Maintaining Books
 - Meetings (AGMs / Committee meeting)
 - EWHCS monthly reports
 - Wanisa Development Fund Collection
 - EWHCS Training Programme in 2023
 - Handing Over /Taking Over Notes
 - CDC Morning Meal Fund
 - * Audit Community Productivity & 5S Concept
 - * Education / School dropouts
 - * Household Cash Management.

